



Stellar Wellness

March 2025

Hello Oily Family!

Happy March! As we welcome the vibrant season of spring, it's the perfect time to refresh, and embrace the health and wellness that comes with the longer days and blooming nature around us. March brings a sense of renewal, making it an ideal month to focus on cultivating well-being in both body and mind.

We're excited to invite you to our Young Living Day Spring Refresh on **Saturday, April 5th!** For those in the Houston area, we'll be gathering in person to connect, share wellness tips, and explore new ways to enhance our health with essential oils. If you're not in the area, don't worry—you can still join us virtually from the comfort of your home. Mark your calendars and get ready to spring into a healthier, happier you!

We've included our March Ezine below, where we share exciting articles that will help you kickstart your spring refresh. We introduce our Love of **Lemons Fresh Start Bundle**. And you'll also find this month's exclusive promos that will help you elevate your wellness journey. Don't miss out on these special offers!

Abundant Blessings,

Karen

Here's our happy healthy March Ezine with an introduction to our Spring Refresh! It contains an article on studies about the calming benefits of Lavender, the effects of poor sleep on our moods, energy, immune systems, stress levels, focus and more, reasons to floss that have nothing to do with our gums and some awesome spring swaps and DIYS.

MARCH 2025

The OILR

Your Essential Oil Lifestyle Magazine

the fastest
way to
**RELIEVE
NAUSEA**

Spring
REFRESH

Ready to detox your home? Start [here](#)
in the kitchen!

5

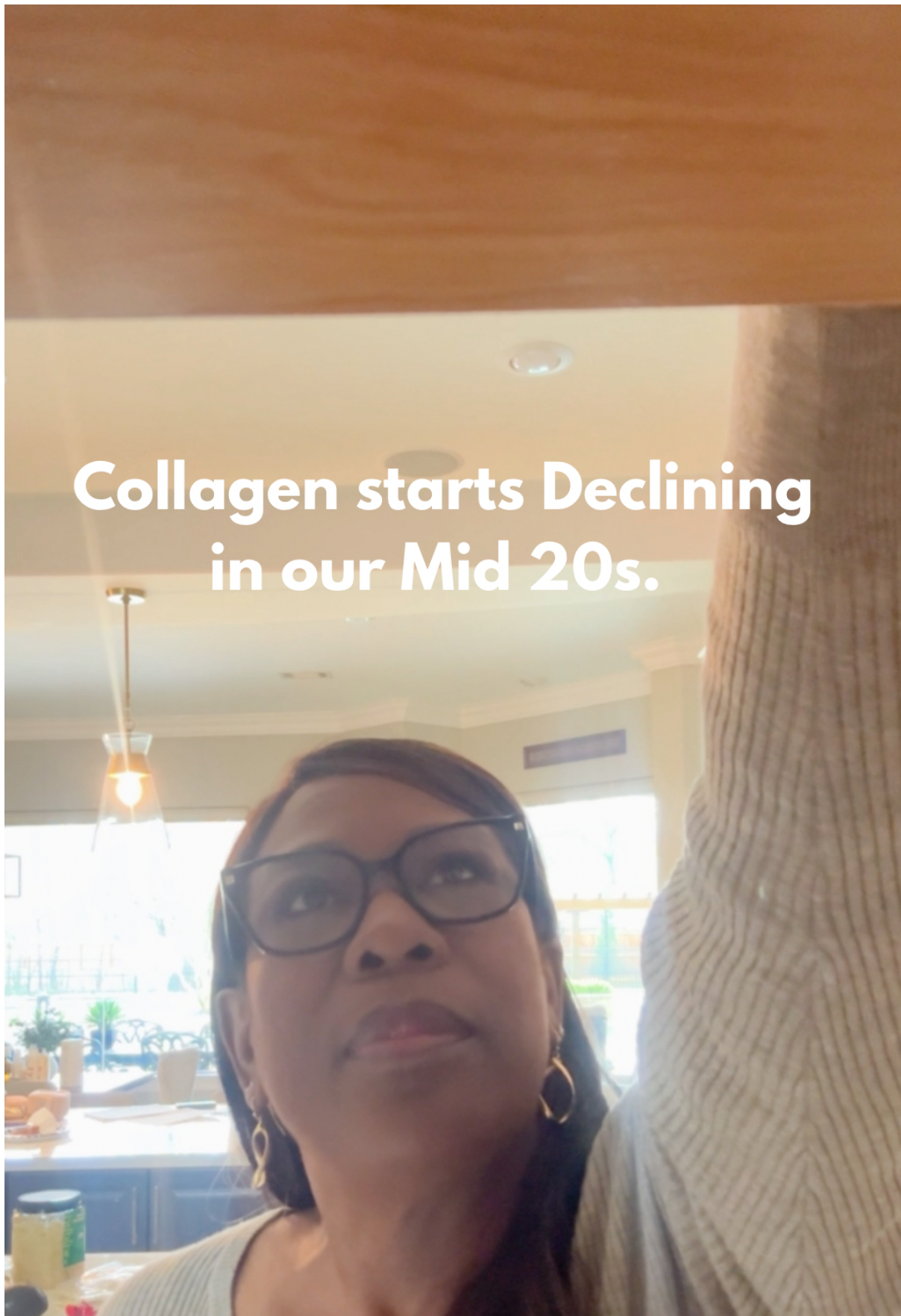
REASONS TO
FLOSS THAT
HAVE NOTHING
TO DO WITH
YOUR GUMS

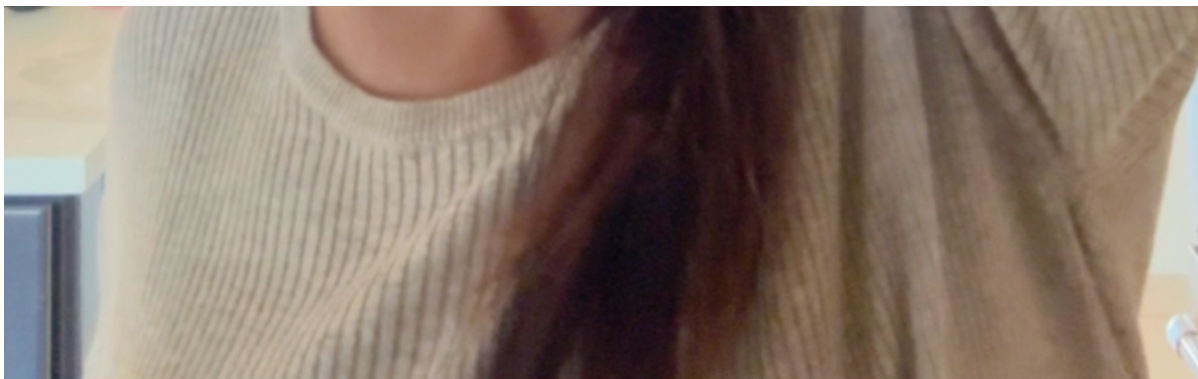


March E-Magazine

✨ Think wrinkles, thinning hair, and aching joints are just part of aging? Think again! 🤔 Collagen starts declining in your mid-20s, but the good news? You can replenish it naturally!

💖 One scoop of Inner Beauty Collagen a day = stronger hair, glowing skin, and happy joints! 🌿





Love of Lemons

Starter Bundle

Infuse your spring with lemon freshness!



FreshStart Diffuser
15ml Lushious Lemon
5ml Jade Lemon
5ml Vanilla
Lushious Lemon Foaming
Hand Soap 3-pack

Over
\$30
Savings

Item #49194 | \$135 | 112PV
One-Time or Loyalty Order

Celebrate Spring with the Love of Lemons Fresh Start Bundle!

Meet our zesty spring bundle—the Love of Lemons™ Fresh Start™ Edition Starter Bundle! Featuring Jade Lemon oil, our Lushious Lemon™ blend and foaming hand soap, creamy Vanilla, and our FreshStart™ Diffuser, it's everything you need to kick winter to the curb and revive your wellness routine. This bundle is ready to share and shine starting Saturday, March 1, at 12 a.m., MT, while supplies last.

WYLD PROMISE

Every note is a commitment to nature



100%
natural
ingredients



wyld
NOTES
FRESH CITRUS



Organic,
Non-Denatured
Alcohol



Synthetic Free



Toxin Free

@wyld.notes

🎉 INTRODUCING Wyld Notes 🎉

Not only do we now have perfume that's 100% natural, it's an awesome income opportunity!

Say hello to Young Living's new sister brand! Wyld Notes is a collection of 100% natural fine fragrances coupled with an innovative, first-of-its-kind affiliate program that's designed to complement and enhance your Young Living business!

- Each Brand Partner will receive your own affiliate link and coupon code. Then you can share, share, share!

- You'll earn 25% when someone purchases Wyld Notes through your affiliate link. Then you'll earn 25% on each purchase they make in the future too! Think of it as a Forever Fast Start Bonus!

- In addition to the 25% commission (which will be paid weekly!), you'll also see 100% of Wyld Notes sales volume in your downline! That will be used toward calculating rank and bonuses.

- Wyld Notes perfumes will be \$120 | 120PV each. There will also be a set of smaller sampler bottles available so you can try the scents before choosing your favorite.

- Brand Partners can join the Wyld Notes Inner Circle Facebook group for launch updates.



All NEW CBD Beauty Glow Oil and CBD Muscle and Joint Roll-On



Muscle and Joint Roll-On: Your all-natural ally

Our most potent full-spectrum CBD roll-on with more cannabinoids and DeepSpectra® technology for even better results.

- 1000 mg full-spectrum CBD soothes tired muscles (YL tip: Roll on and massage for maximum effect.)
 - DeepSpectra technology delivers boswellic acid, an essential part of your recovery routine.
 - Invigorating essential oils provide a long—lasting, soothing sensation.
 - Patented roll-on design ensures mess-free, targeted application.
-



CBD Beauty Glow™ oil: Get glowing, naturally

A full-spectrum CBD oil that moisturizes, nourishes, and beautifies with essential oils and DeepSpectra® Lavender Melissa.

- 600 mg full-spectrum CBD soothes dry, tired skin.

- Hydrating carrier oils lock in moisture for a dewy, healthy-looking glow.
- Exquisite beauty oils from our farm help reduce the appearance of redness, fine lines, and wrinkles.
- Chlorophyll contains antioxidants that support and soothe skin from environmental stressors.

Fun fact: Most companies filter out chlorophyll. We don't, so our hemp oil stays darker and delivers more antioxidant benefits.



The YL DIFFERENCE

Most hemp farmers grow identical plants year after year by taking cuttings from the same plant, genetically engineering them, and using pesticides to control

hormones and maximize CBD isolate. We do things differently.

Our exclusive population hemp is grown from farm-grown, organic, non-GMO seeds, allowing each plant to evolve naturally. This results in a diverse range of over 150 biological compounds, offering a broader spectrum of benefits for your skin and the full power of the hemp plant.

Houston Area Events

STELLAR CONNECTIONS SAVE THE *Date*

March
1

**Spring Cleaning
Gathering**

April
5

YL Spring Launch

May
10

**Mother's Day
Pampering**

July
26

Post Convention

Sept
6

**Survival Essentials
& Seasonal Reset**

Oct
11

YL Holiday Launch

Nov
1

Friendsgiving

Jan
17

Vision Board Party

HOUSTON AREA EVENTS FOR 2025 - 2026

Have you downloaded this App yet? It's a great resource for all things "oily."

Essential Oil Education AT YOUR FINGERTIPS

Download the Seeds of Thyme app for
oil usage tips, recipes, solutions for
common health conditions & more!



99¢ monthly or \$8.99 yearly
Available on iTunes & Google Play

Young Living Independent Distributor | Do Not Alter



March Free Gifts with Purchase 💕💕

This March, refresh, renew, and reclaim your best self with our free gifts with purchase. Whether you need to freshen up a stuffy environment, support the sensation of deeper breathing, or maintain normal digestion while dealing with environmental sensitivities, we've got you covered!



GIFT WITH PURCHASE:

⌒ 100 Pv Loyalty Order

Retail Value: \$15.79

♥ R.C. Essential Oil Blend, 5ml

YL tip: Diffuse or dilute and apply to your chest for a refreshing breathing experience. Try it before bed or during tough workouts!

⌒ 200PV *One-Time and Loyalty Order*

Retail Value: Up to \$43.75

♥ Eucalyptus Radiata Essential Oil , 15ml

YL tip: Turn your shower into a spa! Add 5 drops to a washcloth and place it just outside the water stream for a soothing steam experience.

Also Included:

- Loyalty order: R.C. essential oil blend, 5ml

⌒ **300PV *One-Time or Loyalty Order***

Retail Value: \$92.76

♥ Allerzyme Capsules

YL tip: Take 1 capsule 3 times daily before meals to support normal digestion.*
This vegetarian enzyme complex is great for those with dietary and environmental sensitivities!

Also Included:

- Loyalty order: R.C. essential oil blend, 5ml
- Eucalyptus Radiata essential oil blend, 15ml

♥ Limited-time offer ♥

Get 15% off MultiGreens™ capsules when you add them to your March loyalty order! Packed with bee pollen and nutritious greens like spirulina, alfalfa sprouts, and Pacific kelp, this springtime staple supports overall health and immunity.



Get Rewarded

LOYALTY REWARDS

- Custom wellness box
- Delivered to your doorstep
- Change what you order each month and the order processing date
- No commitment

LOYALTY POINTS

- Earn points every month
- Spend them like store credit
- Bonus gifts with purchase
- 50PV subscription minimum

Monthly Points Back

Months	Months	Months
1-3	4-24	25+
10% Back	20% Back	25% Back

Loyalty Rewards Info

YL News



HEALTH PLANS

by Clearwater

Young Living now offers a health plan. There are several types including a holistic option and one for more traditional healthcare. Check out the link below for more info.

[Click Here](#)

Want to sleep better, reduce daily stress, and have more energy? Harnessing the clinically shown benefits of NingXia Red® superfruit drinks, this kit makes transforming your habits simple.



Increase energy*

Improve
sleep patterns*

Reduce
daily stress*

Supports a healthy
inflammation response*

**Based on a NingXia Red® clinical study.*



The 30-Day Living Young™ Resolution Reset™

Ready for a transformation? The 30-Day Resolution Reset™ builds life-changing habits for a vibrant, healthier you—physically, mentally, and emotionally. With customizable fitness, hydration goals, whole-food nutrition, and personal-growth mini challenges, you'll reset your life like never before, all supported by our energizing NingXia Red® drink.

Challenge Levels

Level 1:

- 10-min indoor workout, 5-min outdoor, 5-min recovery
- 64 oz water
- 2 oz NingXia Red®
- Whole-food nutrition
- 5 pages of personal growth
- Accountability via app or #30dayslivingyoung

Level 2:

- 30-min indoor workout, 15-min outdoor, 15-min recovery
- 64 oz (women)/96 oz (men) water
- 4 oz NingXia Red®
- Whole-food nutrition
- 7 pages of personal growth

Level 3:

- 45-min indoor workout, 30-min outdoor, 30-min recovery
- 96 oz (women)/128 oz (men) water
- 6 oz NingXia Red®
- Whole-food nutrition
- 10 pages of personal growth

Extras

Order the **Resolution Reset Bundle** to get started with free perks like the *Naturally Nourished™ e-book*. Plus, access a comprehensive tool kit with a reset guide to keep you and your group on track.

Start Date: January 13th

Bundle: [Order Here](#)

This isn't just a challenge—it's the start of a healthier, happier lifestyle. Let's do this! 🎉

MAKE A SHIFT Reset Kit

Are you RED-y to Reset?

SIMPLE STEPS TO RESET

- DAYS 1-3
Drink up to 2 pouches
3x daily
- DAYS 4-14
Drink 1 pouch up to
3x daily



During the 14 Day Reset:
Practice healthy habits {eat superfoods, hydrate, move daily, self-care}
Take before & after photos to document & share your progress

Young Living Independent Brand Partner | Do Not Alter

Plus, join the NingXia Reset group to find all the support you need.

[Ningxia Reset Group](#)

Some more info about the health benefits of Ningxia Red.

NINGXIA RED® CLINICAL TRIAL



NINGXIA RED®

Shown to:

- Increase physical energy levels significantly while reducing physical limitations*
- Improve sleep patterns, increasing time asleep*
- Reduce daily stress significantly to improve mental well-being*
- Helps prevent oxidative stress*
- Provides a nutrient infusion for whole body support*
- Contains a synergistic blend of Orange, Tangerine, Lemon, and Yuzu premium essential oils
- Supports antioxidant processes*
- Supports normal eye health*
- Supports healthy digestion*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Did you know that Young Living has its very own podcast? It's true! Every week, you can join in and listen to some incredible oil facts and get all the juicy details about Young Living's history, products, guest speakers, and much more. You can catch the podcast on Spotify, Apple Music, or YouTube. Oh, and don't forget to explore previous episodes too! They're full of amazing content.

Happy Listening!



Tune-In





Compensation Plan

UPDATES
February 2024



Customer Volume (CV) Update

The Customer Volume (CV) is being discontinued.

Everyone at every rank qualifies for commissions (other than Fast Start) with a 100PV purchase on their own account.



Truly Simplified

◆ No order? ◆

Earn the Fast Start Bonus & Starter Bundle Bonus!

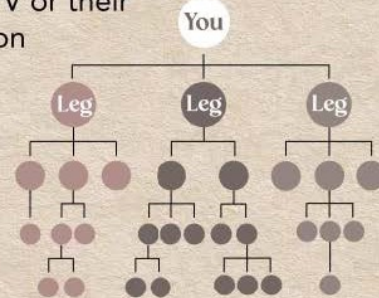
◆ Place a 100PV order? ◆

Earn the Fast Start Bonus, Starter Bundle Bonus + all other commissions!



Qualifying Legs Update

All Level 1 Customers and Brand Partners will be the tops of your legs regardless of PV or their own commission qualification.





Fast Start Bonus Update

Earn all 3 months with
no purchase requirement

When you enroll someone new, you earn:

Month 1
50%

Month 2
25%

Month 3
25%

When your personally enrolled Brand Partner
enrolls someone, you earn:

Month 2
10%

Month 3
10%



Enjoy the Virtual Product Guide! You can snag your free digital version today or order a physical copy by clicking the links below.

[Digital Copy](#)

[Physical Copy](#)





Share YL

Sharing Young Living is now easier than ever!



Share code SHAREYL
with friends, family,
and followers.



They save 10%.



You earn
rewards!

How it works when you share as a **Customer:**

Share your Young Living personal referral link or wishlist link. When a new Customer or Brand Partner uses code SHAREYL at checkout, they will save 10% on their order. 50 PV minimum is required. You will earn 25% of their order's PV back in product credits.

Share Young Living products

Code **SHAREYL** will save your friends,
family, and followers 10%

You earn 25% of their PV in product credits!

How it works when you share as a **Brand Partner:**

Share your Young Living personal referral link or wishlist link. When a new Customer or Brand Partner uses code SHAREYL at checkout, they will save 10% on their order. 50 PV minimum is required. You will earn a 50% Fast Start Bonus* on all PV purchases your enrollee makes in their first month.

Share Young Living products

Code **SHAREYL** will save your friends,
family, and followers 10%

You earn a 50% Fast Start Bonus!*

*The Brand Partner sales earnings disclosed are potential gross earnings and not net of other business expenses and not necessarily representative of the actual income, if any, that a Brand Partner can or will earn through the Young Living Sales Compensation Plan. A Brand Partner's earnings will depend on individual diligence, work effort, sales skill, and market conditions. Young Living does not guarantee any income or rank success. See the Income Disclosure Statement for detailed earnings information per rank.

YOUNG LIVING®



Step 1: Seed

Step 2: Cultivate

Step 3: Distill

Step 4: Test

Step 5: Seed





Small steps every day
lead to big
transformations. Keep
going, you're closer
than you think!



Happy to help!

Have any questions? Want to learn more?

Be sure to check out the Stellar Wellness [website](#)
and [facebook](#) pages!



Karen Douglas
Stellar Wellness, Inc.

Young Living Diamond #
email: karen@stellarwellness.com



Facebook



Website

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

