



Stellar Wellness

Enlightening - Empowering - Educating

Hello All,

Summer is such a wonderful time for my family and I. We love when the school year is out and our schedule slows down a bit. It's a time when we create special memories and a vacation or two is always on the agenda.

Wherever we go, our Young Living products go right along with us. So whether you have plans to relax on the French Riviera or you're spending time in your inflatable backyard pool, remember to protect yourself and your family with our wonderful Young Living products.



Karen Douglas

KEEP
CALM.

THERE'S

AN OIL
FOR THAT



One of our favorite summer sidekicks is Citronella essential oil.

- It has a great citrusy scent and smells refreshing when diffused.
- Can be used topically to refresh and moisturize the skin.
- Can be used as an alternative to deodorant. Combine with Tea Tree essential oil for added strength.



Get creative with this Summer scent with the DIY below:

Supplies

- Glass bowl or container
- Decorations of your choice. You can use anything! (Lemon peels, orange peels, cinnamon sticks, lavender, rosemary, flower petals, river rocks, etc.)
- 20 drops [Citronella essential oil](#)
- 10 drops [Lemongrass essential oil](#)
- 1 tablespoon witch hazel
- Water to top off glass bowl or container
- 1 unscented floating candle

Instructions

1. Gather decorations and arrange in bowl. We recommend cutting them into two-inch pieces so they don't bunch at the top of the bowl or cause it to overturn.
 2. Add witch hazel, Citronella, and Lemongrass essential oil to the bowl.
 3. Fill in the remaining bowl space with water.
 4. After placing your bowl outside, top it off with the floating candle and light it to create a cozy, aromatic ambiance you and your guests can enjoy throughout the evening.
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SUNSCREEN IS ESSENTIAL. I can't emphasize enough how important it is to be careful about what we put on our skin.

Sun screen is necessary to protect our skin, but the chemicals in most sunscreens can be harmful. With Young Living sunscreen you can protect your skin without the use of harsh chemicals. Our sunscreen is FDA compliant, helps to prevent sunburn, and decreases the risk of skin cancer.

- Broad-spectrum SPF 10 and SPF 50 sunscreen protection
- Blocks UVA and UVB rays
- Water- and sweat-resistant for 80 minutes
- Helps prevent sunburn
- Smooths easily onto skin and won't leave a white residue

- Formulated for those with sensitive skin
- Made with naturally derived plant- and mineral-based ingredients
- Dermatologist tested and hypoallergenic
- Formulated WITHOUT UV chemical absorbers, parabens, phthalates, petrochemicals, animal-derived ingredients, synthetic preservatives, synthetic fragrances, or synthetic dyes

Young Living's sunscreen is also Reef safe. So not only is it safe for you and your family but it's safe for wildlife too!



Don't let bug bites ruin your family's outdoor fun this summer!

Young Living's Insect Repellent is tested to repel mosquitoes, ticks, and fleas using only 100 percent naturally derived, plant-based ingredients.

Pure sesame oil and a carefully selected blend of essential oils traditionally used for their bug-repellent properties come together to make up all 99 percent of the active ingredients in this formula. The other 1 percent is

Vitamin E. That means you can use it on your little ones and not worry about the synthetic chemicals used in many traditional repellents. You'll also love the pleasant, citrusy aroma and smooth, non-greasy, non-sticky application.

So whether you're spending time in the backyard or the backwoods, you can feel great knowing you have a pure, plant-based way to protect yourself and your loved ones.

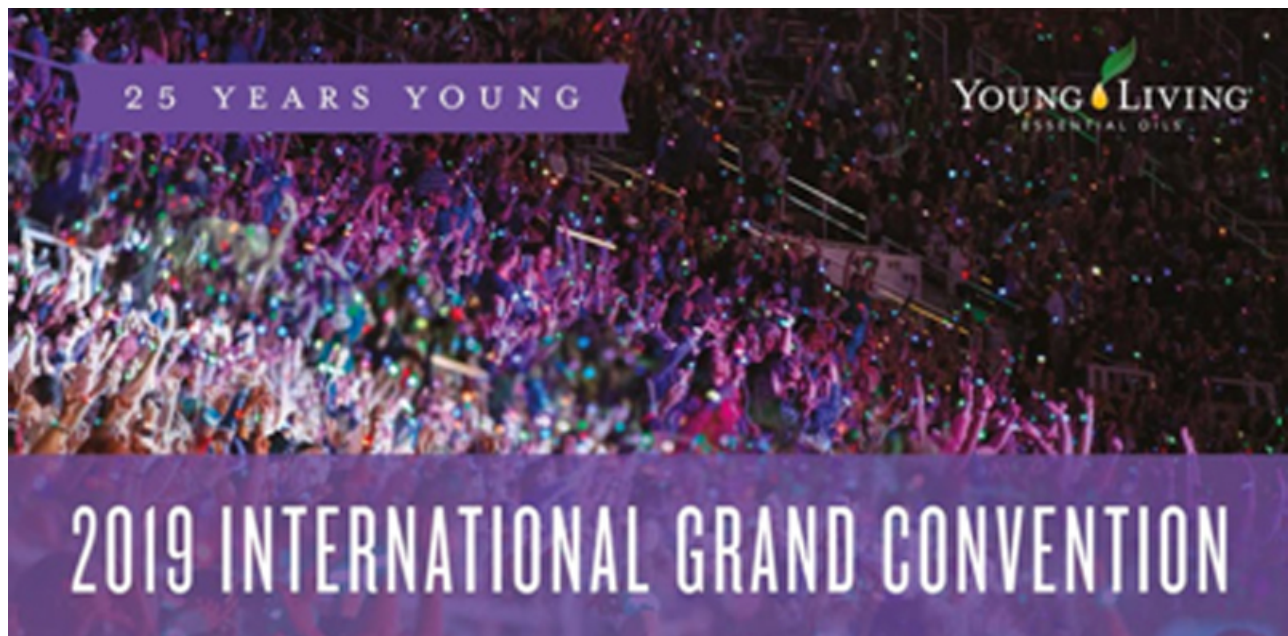
Contains:

Citronella essential oil, Lemongrass essential oil, Rosemary essential oil, Geranium essential oil, Spearmint essential oil, Thyme essential oil, and Clove essential oil

Benefits and Features:

- Tested to repel mosquitoes, ticks, and fleas and prevent bug bites
- Repels mosquitoes, ticks, and fleas naturally with 99 percent active ingredients, plus 1 percent vitamin E
- Formulated with essential oils traditionally recommended for their bug-repellent properties
- Made with 100 percent naturally derived, plant-based ingredients

- Formulated without DEET, parabens, fillers, phthalates, petrochemicals, animal-derived ingredients, synthetic preservatives, synthetic fragrances, or synthetic colorants
- Rubs easily into skin without a greasy or sticky finish
- Hypoallergenic
- Pure, gentle formula free from synthetic chemicals
- Appropriate for use on children
- Vegan friendly



Young Living celebrated our 25th year anniversary at our convention in Salt Lake City, Utah July 17-20. Stay tuned to the Stellar Wellness Facebook page and the newsletter for the exciting new products revealed.

Are you on Essential Rewards?

Don't miss out on the July Freebies. Watch this video to learn more.

https://www.youtube.com/watch?v=QbVrMRF_r8g



WHAT SETS YOUNG LIVING APART



Our unique Seed to Seal® commitment and its three pillars—Sourcing, Science, Standards—ensures that the cultivation, wild-crafting, distillation, quality testing, and legal compliance of the essential oils and products produced by Young Living are done without compromise.



SOURCING



SCIENCE



STANDARDS

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SEEDTOSEAL.COM



YOUNG LIVING™
ESSENTIAL OILS
Independent Distributor

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