



# Stellar Wellness

*Enlightening - Empowering - Educating*

---

## **Hello Fellow Oilers,**

I must say that I have enjoyed my now 15+ year journey exploring and using Young Living products. It has provided my family and I with not only support for our bodies, but a means for financial support as well. And for this opportunity I am truly grateful. The products themselves make it so easy to share with others.

As I am sharing, many times I am asked what my favorite Young Living products are. Wow, there are so many! As we finish off this month celebrating women and focusing on women's health, I decided to share a few of my favorites. Hopefully this answers the question (LOL) and you will be curious to try one or two.



*Karen Douglas*

---



## Karen's TOP 7 Favorites



**1. Sulfurzyme Powder Capsules:** Helps my muscles and joints move easier and my skin, hair and nails greatly appreciate it!



**2. Multi-Greens Capsules:** After taking this supplement I have noticed a HUGE improvement with my energy levels. To get a little more bang for my buck I take it with a shot of Ningxia Red and sometimes sneak in a Super B tablet.



**3. Rockin & Abundant Lip Glosses:** Rockin, a pop of color! Abundant, soft sheer glimmer of color! Both leave me with a beautiful creamy lux feel on my lips.



**4. Mint Scrub:** Tingly fresh, silky smooth (like a pick-up line in a Spanish bar in Madrid, Spain...LOL ) toxic free goodness I can use daily.



**5. Mirah Cleansing Oil:** Multi-purpose oil! Smells heavenly and feels even better! Helps to remove my makeup with ease and can be re-applied as a moisturizer if needed.



**6. Bergamot Essential Oil:** A citrus oil that heightens my senses, smells luxurious, yet calms my spirit. Supporter of my hormones and goes well in a cup of English tea.



**7. Present Time Essential Oil Blend:** My eyes are open and I am aware of my surroundings. This is an empowering fragrance that inspires, engages and helps me focus on the here and now.



### Are you on Essential Rewards?

Don't miss out on the May Freebies. Watch this video to learn more.

[https://www.youngliving.com/en\\_US/opportunity/essential-rewards](https://www.youngliving.com/en_US/opportunity/essential-rewards)



---

## WHAT SETS YOUNG LIVING APART



Our unique Seed to Seal® commitment and its three pillars—Sourcing, Science, Standards—ensures that the cultivation, wild-crafting, distillation, quality testing, and legal compliance of the essential oils and products produced by Young Living are done without compromise.



SOURCING



SCIENCE



STANDARDS

CLICK HERE TO READ MORE  
[SEEDTOSEAL.COM](http://SEEDTOSEAL.COM)

---





YOUNG LIVING™  
ESSENTIAL OILS  
Independent Distributor

**Karen Douglas**  
**STELLAR WELLNESS, INC.**

Young Living Diamond #733259  
e-mail: [karen@stellarwellness.com](mailto:karen@stellarwellness.com)

*Copyright © 2019 Stellar Wellness, All rights reserved.*

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

